



16.05.2024



Alphonsa Hospital, Karukutty

CERTIFICATE

Mindful Rejuvenation Karukutty, Angamaly is a 100 bedded de-addiction and psycho-social rehabilitation centre. She was under the guidance of Psychiatrists, Clinical Psychologists, Psychiatric social workers and Psychologists. She was a full-time trainee in the hospital and had exhibited high level of professional competence.

This is to certify that **Ms. NOVA K** from **SDM Postgraduate Centre Ujire** had undergone her internship training as part of the **MSc Psychology** in our hospital from **08.04.2024** to **16.05.2024** (256hours/38days).

Her major responsibilities and accomplishments during the period were as follows.

- To understand the client-therapist interpersonal relationships.
- To understand the nature and diagnosis of various disorders.
- To develop counseling and social interaction skills.
- Assisting the Psychiatrist, Clinical psychologist in outpatient and inpatient rounds
- Responsible for planning and facilitating various individual and group-oriented therapies like case work, counseling group therapy, recreational therapy, role plays awareness class
- Assessment of individual cases to understand their impairments in various areas of functioning and deriving short term psycho social interventions and skill training.
- Help the patients to follow the structured daily routine with constant supervision, support and guidance.

Her character and conduct are good to the best of my knowledge and belief.

Dr. GEO GEORGE
MBBS, MD
CONSULTANT PSYCHIATRIST
MINDFUL REJUVENATION
TCM 4300



Alphonsa Hospital
Karukutty
Angamaly
Ernakulam-683576

M:9995442200/9544428889
E: mindfulrejuvenation@gmail.com

www.mindfulrejuvenation.in